



SUPPORT DURING THE CORONA VIRUS

The Eynsham Volunteers in partnership with the Eynsham Good Neighbour network are here to help during this time of worry and uncertainty, which many residents may feel during the Corona Virus pandemic.

We appreciate that many residents may need to self-isolate and or social distance from family and friends for a prolonged period of time. We are here to help and we have a network of volunteers available and regularly communicate with each other.

If you need help, please get in contact. you can call 07443564516, message our facebook page “Eynsham Volunteers - Corona virus help” or email eynshamhelp@gmail.com

How can we help?

Below gives a list of some of the things we can do. We understand that we are all facing different issues and challenges. Please do let us know if you need some additional help and support for you and your family.

- Grocery shopping
- Prescriptions / medical needs / nurse visits
- Postage requirements
- Checking in to reassure and give helpful positive advice for physical and mental health
- Combating Loneliness

Can you offer help?

If you don't require help but can offer help to others. This could be simply collecting supplies on your daily travels. Please contact our facebook page, and try to contact your neighbours to offer any assistance.

Keeping in Touch – Let's stay connected!

If you are on Social Media, we have the below available for villagers to join:

- An active and supportive Facebook group – Eynsham Community
- What's app -. We will need details of your mobile number to add you to the group.

With both of the above, please do request to join confirming you are a village resident, so we can ensure we keep our groups local and private.

Also the charity organisation Age UK are offering a free service and weekly check in phone calls. See poster or call 01865 411288 for more details.

Let's help each other and check in on our streets!