

Living well, Dying well: Let's Have the Last Laugh

With guest speakers Sir Muir Gray and Paul Mayhew-Archer

Tuesday 19th May 2015

Oxford Town Hall

10.00am – 3.00pm

Find out more about all aspects of death, dying and bereavement and your rights and choices at end of life - for you or a loved one. Take the opportunity to think about what is important in your life and living well right now

Programme includes:

- Panel of medical experts to answer questions
- Seminars on a range of subjects including:
 - will writing, planning ahead and dying with dementia
 - Information stands
- Film screenings and a Death Cafe

Other Dying Matters Awareness events

Abingdon: 11th - 24th May at Age UK Oxfordshire office, 39 West St Helen Street: drop in for information or to find out about funeral planning.

Banbury: 11th - 24th May at Age UK Oxfordshire office, White Lion Walk: drop in for information about your rights and choices when the time comes and find out about advance care planning.

Henley: 18th May at Christ Church Centre: Meet our Late Spring bereavement support group volunteers.

Witney: Meet a member of the specialist Community Matron team. There will also be information and advice available in

Faringdon & Thame

For more information please call Age UK Oxfordshire on 0345 450 1276 or Joan Gardner on 07827 235432

